



I G N I T E   Y O U R

I N N E R   C R E A T R I X X

# IGNITE YOUR INNER CREATRIX

## WHAT LIGHTS YOU UP

Take a look at the list of activities on the next 2 pages. Circle or highlight the ones that generate an energetic charge around them - which ones light you up?

TAROT  
CARDS

ASTROLOGY

CHILDREN'S  
BOOKS

READING  
BOOKS

HIKING OR  
CLIMBING

REIKI  
HEALING

TRADITIONAL  
CHINESE  
MEDICINE

ACCU-  
PUNCTURE

CYCLING

YOGA

DANCE

PLANT  
MEDICINE

SCUBA  
DIVING

LAW OF  
ATTRACTION

COUNSELING

BEING IN  
CEREMONY

PLAYING A  
SPORT

COOKING

MAKING  
DRINKS

COMEDY

# IGNITE YOUR INNER CREATRIX

PHOTO-  
GRAPHY

NUTRITION +  
HEALTH

PLAYING  
GAMES

FORAGING

WRITING

DIVINE  
FEMININE  
EMBODIMENT

SELF  
PLEASURE

TANTRA

TAI CHI  
QI GONG

SEX

DOING  
HAIR OR  
MAKEUP

PILATES

BREATHWORK

HULA  
HOOPING

SPELL  
CASTING

ESSENTIAL  
OILS

TEACHING

READING

MANTRA +  
CHANTING

MAKING  
JEWELRY

MAKING ART

ADVOCACY

ICE BATH

CHEERING  
OTHERS ON

# IGNITE YOUR INNER CREATRIX

## LIST 15 ACTIVITIES THAT IGNITE YOUR INNER CURIOSITY MOST

Include any hobbies, passions, curiosities, activities or schools of thought you're interested in. What lights you up the most these days?

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.
- 11.
- 12.
- 13.
- 14.
- 15.

**NOW - CIRCLE THE 3 THAT HAVE THE MOST ENERGETIC CHARGE AROUND THEM AS OF TODAY. THIS MAY CHANGE LATER, BUT GET CLEAR NOW. Set an intention to do 1 of these things at least once a week and witness the magic unfold!**